



Se Bella, Se Tu Misma / Be Beautiful, Be You: Despues de Muchos Anos Tratando de Ser Como Los Demas, Me Di Cuenta de Que, Simplemente, Lo Unico Que Debia Hacer Era Amarme

By Lizzie Velasquez

Abg-Editorial Diana, United States, 2015. Paperback. Book Condition: New. 208 x 132 mm. Language: English . Brand New Book. Es una mujer estadounidense cuya extremadamente rara enfermedad la ha llevado a convertirse en escritora y oradora motivacional. Es la mayor de tres hermanas (Rita y Guadalupe Velsquez). Naci prematura a los 8 meses de gestacin, con un peso de slo 1,219 Kg. Su enfermedad fue declarada a los 23 aos, en septiembre de 2012, cuando estaba a punto de graduarse en la Universidad Estatal de Texas con especializacin en el rea de Comunicacin. Ella es catlica romana y se ha pronunciado en relacin a su creencia en Dios, que me bendijo con la bendicin ms grande de mi vida, que es mi sndrome. / When an Internet video calling her The Worlds Ugliest Woman went viral, Lizzie Velasquez set out to discover what truly makes us beautiful. Now she shares what she learned on that faith-filled journey. In Be Beautiful, Be You, Lizzie uses anecdotes and exercises to teach readers to recognize their own unique gifts and blessings, talk to God in their own words, deal with disappointment, make and maintain healthy friendships, and set realistic goals. In a world...



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